

Using a Walker or Cane



RIDING THE BUS

Before the trip know how to:

- Fold the walker
- Lock the brakes if you have them
- Do not overload the walker
- Inspect cane/walker tips for wear

On the lift:

- Make sure your walker and feet are completely on the lift
- Lock brakes if you have them
- Hold on to the lift handhold
- Watch your head as you step between the bus and the lift.

Position yourself on the bus:

- Toward the front of the bus where there is the most space
- Completely out of the aisle (including packages, footrests, etc)
- Lock the brakes (if you have them) and hold the walker during the trip.

Talk with the driver about:

- The need for the lift/ramp
- If you need time to sit down before the bus moves
- Where you plan to get off.

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For questions about:

Metro Transit (206)553-3000
Sound Transit (206)398-5000
Community Transit (425)348-2350
Transit Instruction (206)749-4242
Access eligibility (206)263-3113



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